



Dear Parent or Guardian:

In accordance with Bedford High School curriculum your child is participating in Health this year. The Health course curriculum builds upon prior experience in Health, which focuses on healthy choices, decision-making and responsibility. During the 4th Quarter, the main focus of Health is human growth and development. Throughout the quarter, we cover a variety of sexuality issues that include reproduction, contraception, sexually transmitted infections, sexual risk, teen parenting, relationships, sexual assault, and sexual harassment.

This course's objective is to provide accurate information and an opportunity for discussion to enhance each student's understanding of human sexuality. It is my hope that students are taught the importance of responsibility and are fully educated to make sound decisions in their lives regarding sexuality. Throughout the entire course communication, self-esteem, personal values, and decision-making are stressed.

If you do not want your child to participate in his section of the program, you must inform the principal's office. If you would like more information about the health curriculum, please feel free to contact me at (781) 275-1700 ext. 4443 during the school day.

Sincerely,

Keith Mangan  
Director of Athletics & Wellness  
X4443

Heather Galante  
Principal  
x4401